



Abt Associates has a proven track record of addressing the unique challenges of youth in the areas of workforce and enterprise development, gender and healthcare.

Innovative,
Evidence-Based
Approaches to
Empower
Youth















We conduct rigorous research, monitoring and evaluation to determine the effectiveness of strategies, and develop and implement tailored solutions that empower young people to contribute to, and benefit from, their countries' development efforts.

#### **HEALTHCARE IN THE US**

# Dating Violence Among Latino Adolescents (DAVILA) (Technical Assistance)

- Co-occurring victimization, help-seeking efforts, and the influence of cultural factors on experience, impact and responses to dating violence victimization.
- Findings helped shape practice and policy, specifically school-based interventions, criminal justice institutions and victim advocacy.

# TEEN EMPOWERMENT/GENDER DEVELOPMENT IN THE U.S.

# Teen Pregnancy Prevention for Males (Research and Technical Assistance)

- Rigorous evaluation of a teen pregnancy prevention curricula for teen males in targeted North Carolina high schools.
- Community needs assessment and surveys to inform and improve sexual health decision making, behaviors and attitudes of young males.

# FORMATIVE RESEARCH FINDINGS ON URBAN YOUTH IN INDIA

# The Sustaining Health Outcomes through the Private Sector (SHOPS) Plus Project (Research)

- Informs the development of an enter-educate campaign (e.g., radio serial dramas, on-theground events) that addresses normative barriers to contraception and sexual health needs.
- Designs and implements engagement campaigns that connect with youth through digital media.

#### WORKFORCE DEVELOPMENT IN THE US

### Career Pathways (Research and Technical Assistance)

- Rigorous experimental designs to test the effects of innovative employment and training models for youth.
- Variety of training approaches helping to develop workplace skills and life-skill development.

### WORKFORCE DEVELOPMENT IN THE U.S.

# Social Innovation Funding (Research and Technical Assistance)

- Identifying what works to increase economic opportunity, healthy futures and overall youth development.
- Builds evidence for Pay for Success models, financing methods and capacity building strategies in eight states.

# WORKFORCE DEVELOPMENT IN CENTRAL AMERICA

# Cumple y Gana (Comply and Win) Program (Technical Assistance)

- Helped establish labor laws for women and youth in Costa Rica, the Dominican Republic,
   El Salvador, Guatemala, Honduras and Nicaragua.
- Increases awareness of labor rights, promoting methods for alternative dispute resolution and making labor inspections more effective.











# GIRLS EMPOWERMENT/GENDER DEVELOPMENT EASTERN AND SOUTHERN AFRICA

Determined, Resilient, Empowered, AIDS-free, Mentored, Safe Women (DREAMS) Initiative (Technical Assistance)

- Addresses determinants of girls' HIV risk: poverty, gender equality, sexual violence and lack of education.
- Works in Kenya, Lesotho, Malawi,
   Mozambique, South Africa, Swaziland,
   Tanzania, Uganda, Zambia, Zimbabwe.

### **WORKFORCE DEVELOPMENT IN PAKISTAN**

Empowering Pakistan: Jobs Project (Technical Assistance)

- Promotes job creation among youth and women.
- Established 15 new Career Development
   Centers and trained more than 6,800 people
   for high paying jobs in a variety of sectors.

### **GENDER IN INDIA**

Gender Integration in Family Planning/ Couple Communication/Joint Decision-making (Technical Assistance)

- Monthly home visits to newly married women under 18 encourage delaying first births and spacing subsequent births.
- Nearly 60 percent of couples used family planning to space birth of their second child, and for women under 18, use of family planning methods increased.

### **HEALTHCARE IN SWAZILAND**

Health Finance and Governance Child Friendly Courts (Technical Assistance)

- Provides counseling, health services, and special child-friendly courts for youth.
- Fosters environment for children to better speak out about their experiences, resulting in stronger evidence and more effective sentencing of offenders.

### **HEALTHCARE IN ZAMBIA**

The Scaling Up Family Planning Project (Technical Assistance)

- Focuses on reaching adolescents and couples in underserved communities to increase uptake of long term reversible methods of contraception.
- Expands availability of choice of and access to quality family planning methods.

### **INCOME GENERATION IN SOUTH SUDAN**

Agribusiness and Rural Markets II (FARM II)
Project (Technical Assistance)

- Increases youth-specific farmer-based organizations, providing specialized interventions for their needs.
- Offers financial literacy and agriculture vocational skills, engaging youth to be key links in agricultural value chains.



## Abt's Capabilities in Youth Empowerment

## Workforce Development

Increasing workforce opportunities for disadvantaged youth; promoting and evaluating programs that create healthy work environments.

## **Enterprise Development**

Working with local governments and communities to decrease youth poverty through affordable housing, better schools, health services and more sustainable environments.

### **Financial Inclusion**

Promoting the economic stabilization of low-, moderate-, and middle-income youth and their families through extensive research and evaluation programs.

## Gender

Enforcing programs that prioritize equal workplace opportunities for female youth, as well as worldwide health programs that inform and empower young women.

## Monitoring, Research and Evaluation/Learning

Designing and implementing MR&E/L programs to track progress; analyzing and applying critical learnings to ensure program success.

### Health

Developing and executing healthcare programs in family planning/ reproductive health, infectious diseases and mental health.

Abt is focused on what works. We develop innovative, evidencebased solutions to the challenges of job creation, training, health and family planning, with the goal of improving young people's quality of life and economic well-being worldwide.

### FOR MORE INFORMATION, PLEASE CONTACT:

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